

Warszawska Liga Lekkoatletyczna 2021 (I rzut)

WARSZAWA, 23.05.2021

MEŻCZYŹNI/MEN

400 metrów pł M U18 (84.0)

Bieg 1/ 1

| | | | | | | |
|---|---------------------|------------|-------------------|----|---------|--|
| 1 | GOŁĘBIEWSKI Mikołaj | 27.06.2005 | RLTL Optima Radom | MZ | 1:01.99 | |
| 2 | GŁOWAŁA Michał | 10.04.2005 | UKS Kresy Otwock | MZ | 1:03.56 | |

MEŻCZYŹNI/MEN

100 metrów mężczyzn

Bieg 1/ 10

-0.4

16:27

| | | | | | | |
|---|---------------------|------------|--------------------------|----|-------|----|
| 1 | FARAJ Wiktor | 02.05.2002 | OKS Skra Warszawa | MZ | 11.02 | |
| 2 | ŚLIWA Jakub | 05.11.2004 | MKS Pułtusk | MZ | 11.17 | PB |
| 3 | DĄBROWSKI Paweł | 13.07.2003 | KS Prefbet-Sonarol | PD | 11.20 | PB |
| 4 | KEPIŃSKI Bartłomiej | 01.08.2003 | OKS Start Otwock | MZ | 11.33 | PB |
| 5 | DZIKIEWICZ Paweł | 30.07.2002 | MUKS Płock | MZ | 11.35 | SB |
| 6 | ZAWADZKI Tomasz | 07.06.2002 | AZS-AWF Warszawa | MZ | 11.48 | PB |
| 7 | SAFULAK Kamil | 21.07.1998 | KS Sprinterzy.com Kraków | MA | 11.59 | |
| 8 | JAWORSKI Mateusz | 15.01.2002 | OKS Skra Warszawa | MZ | 11.83 | |

Bieg 2/ 10

-0.1

16:31

| | | | | | | |
|---|----------------------|------------|--------------------------|----|-------|----|
| 1 | UŚCIŃSKI Kacper | 22.01.2004 | OKS Skra Warszawa | MZ | 11.59 | PB |
| 2 | MAZUR Jakub | 01.08.2004 | AZS-AWF Warszawa | MZ | 11.59 | |
| 3 | MOLSKI Paweł | 12.12.2002 | OKS Skra Warszawa | MZ | 11.61 | PB |
| 4 | PIERZCHAŁA Gabriel | 18.10.2004 | UKS Olimp Kozienice | MZ | 11.86 | |
| 5 | WIŚNIEWSKI Ignacy | 05.03.2007 | KS Orzeł Warszawa | MZ | 11.90 | |
| 6 | GROCHOWSKI Krzysztof | 10.01.2007 | UKS Sprint 2020 Warszawa | MZ | 11.92 | |
| 7 | BANACH Piotr | 30.03.2005 | RLTL Optima Radom | MZ | 11.95 | |
| 8 | JENCZ Robert | 10.09.2002 | OŚ AZS Poznań | WP | 12.07 | |

Bieg 3/ 10

-1.0

16:34

| | | | | | | |
|---|-------------------|------------|----------------------------|----|-------|----|
| 1 | PAŁAC Maciej | 01.08.2003 | UKS Gepard Warszawa | MZ | 11.68 | PB |
| 2 | BILIŃSKI Damian | 23.01.2002 | Mazovia ProActiv Ciechanów | MZ | 11.78 | PB |
| 3 | WIECZOREK Bartosz | 07.02.2006 | UKS Herkules Sulejówek | MZ | 12.01 | |
| 4 | SZAJNER Wojciech | 18.03.2003 | RLTL Optima Radom | MZ | 12.04 | |
| 5 | BUCZYŃSKI Kacper | 07.04.2006 | MKS Bank BS Płońsk | MZ | 12.09 | |
| 6 | SZCZEPANIAK Jakub | 09.01.2003 | RLTL Optima Radom | MZ | 12.14 | |
| 7 | JANCIK Tymoteusz | 25.04.2002 | UKS Gepard Warszawa | MZ | 12.37 | |

Bieg 4/ 10

+0.3

16:37

| | | | | | | |
|---|---------------------|------------|-----------------------|----|-------|----|
| 1 | MOUKETOU-TARAZEWICZ | 09.02.2005 | OKS Start Otwock | MZ | 11.66 | PB |
| 2 | MAŁYCHA Szymon | 11.02.2005 | AZS-AWF Warszawa | MZ | 11.83 | PB |
| 3 | BASAJ Szymon | 18.02.2004 | UKS Kresy Otwock | MZ | 11.88 | PB |
| 4 | ODOLIŃSKI Szymon | 23.02.2005 | UKS Kresy Otwock | MZ | 12.00 | PB |
| 5 | OSTACHOWSKI Antoni | 12.01.2005 | KS Orzeł Warszawa | MZ | 12.11 | |
| 6 | STAŃCZUK Jan | 02.08.2005 | UKS Młodzik Warszawa | MZ | 12.15 | PB |
| 7 | PIĘCEK Jakub | 07.07.2003 | UKS Gepard Warszawa | MZ | 12.36 | |
| 8 | PAWŁOWSKI Jakub | 26.03.2006 | UKS Filipides Teresin | MZ | 12.53 | |

Bieg 5/ 10

+0.7

16:41

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|---|-------------------|------------|--------------------------|----|-------|----|
| 1 | ŁACIAK Antoni | 29.01.2006 | AKL Ursynów Warszawa | MZ | 12.25 | PB |
| 2 | CABAJ Kacper | 04.01.2006 | MKS Pogoń Siedlce | MZ | 12.25 | PB |
| 3 | STACHERA Adam | 31.03.2006 | AZS-AWF Warszawa | MZ | 12.50 | |
| 4 | KOMUDA Kacper | 01.05.2004 | AZS-AWF Warszawa | MZ | 12.52 | PB |
| 5 | WRONKA Kacper | 06.03.2006 | UKS Sprint 2020 Warszawa | MZ | 12.65 | |
| 6 | BIELECKI Jakub | 03.10.2007 | MKS Pogoń Siedlce | MZ | 12.78 | |
| 7 | ŁUCZYK Jakub | 21.10.2006 | AP Marcovia Marki | MZ | 12.80 | |
| 8 | BEDNARCZYK Maciek | 08.02.2006 | UKS Technik Radom | MZ | 12.81 | PB |

Bieg 6/ 10

-1.2

16:43

| | | | | | | |
|---|-------------------|------------|------------------------|----|-------|----|
| 1 | SYTA Mikołaj | 20.04.2005 | MKS Pilica Białobrzegi | MZ | 12.84 | PB |
| 2 | KRZEWNIAK Maciej | 05.01.2006 | MKS Pogoń Siedlce | MZ | 12.94 | PB |
| 3 | ZIUŁKOWSKI Piotr | 20.02.2006 | AKL Ursynów Warszawa | MZ | 12.95 | PB |
| 4 | BADEŃSKI Bernard | 28.10.2005 | AKL Ursynów Warszawa | MZ | 12.99 | PB |
| 5 | GĄSIŃSKI Wiktor | 14.04.2006 | UKS Melo Błonie | MZ | 13.11 | PB |
| 6 | BOŁTUĆ Wiktor | 25.04.2002 | MKS Bank BS Płońsk | MZ | 13.44 | PB |
| 7 | KOSYL Alan | 09.07.2007 | MKS Pogoń Siedlce | MZ | 13.51 | PB |
| 8 | FIDELUS Tymoteusz | 03.04.2003 | AZS-AWF Warszawa | MZ | 13.69 | |

Bieg 7/ 10

+0.5

16:45

| | | | | | | |
|---|--------------------|------------|------------------------|----|-------|----|
| 1 | KACPRZAK Adam | 23.04.2001 | MKS Bank BS Płońsk | MZ | 11.96 | |
| 2 | PETRUCZEŃKO Michał | 28.09.2003 | AZS-AWF Warszawa | MZ | 12.08 | |
| 3 | MARCZAK Jakub | 21.01.2003 | WLKS Nowe Iganie | MZ | 12.15 | |
| 4 | OKULSKI Miłosz | 21.05.2007 | AZS-AWF Warszawa | MZ | 13.13 | PB |
| 5 | GRANICA Hubert | 16.11.2007 | OKS Skra Warszawa | MZ | 13.18 | PB |
| 6 | ZBIEJCIK Bartosz | 03.01.2007 | UKS Herkules Sulejówek | MZ | 13.21 | |
| 7 | URBAŃSKI Jakub | 04.04.2006 | UKS Melo Błonie | MZ | 13.41 | PB |

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|------------------------|------------|----------------------------|-------|-------|----|
| 8 PRZESTRZELSKI Ernest | 23.09.2006 | MKS Pogoń Siedlce | MZ | 13.91 | |
| Bieg 8/ 10 | +0.6 | | 16:47 | | |
| 1 NAJMRODZKI Adam | 24.12.2003 | AZS-AWF Warszawa | MZ | 11.98 | |
| 2 SZRAJNERT Błażej | 21.05.2006 | AZS-AWF Warszawa | MZ | 12.93 | |
| 3 SKIERSKI Mikołaj | 26.08.2005 | MKS Bank BS Płońsk | MZ | 13.13 | |
| 4 GAŁCZYŃSKI Kacper | 16.01.2006 | MKS Bank BS Płońsk | MZ | 13.43 | |
| 5 GŁADYSZ Szymon | 24.09.2007 | UKS Falenica Warszawa | MZ | 13.85 | |
| 6 CZACHOROWSKI Oliwier | 29.05.2007 | AZS-AWF Warszawa | MZ | 13.97 | |
| 7 SETA Sebastian | 25.12.2007 | UKS Otrębusy | MZ | 14.60 | |
| Bieg 9/ 10 | -1.4 | | 16:50 | | |
| 1 MOSIONEK Jakub | 09.03.2007 | RLTL Optima Radom | MZ | 12.58 | |
| 2 BUCZKOWSKI Bartosz | 24.12.2005 | AKL Ursynów Warszawa | MZ | 12.63 | |
| 3 ŁAGÓD Cyprian | 25.01.2005 | AZS-AWF Warszawa | MZ | 12.97 | |
| 4 PECKA Dominik | 26.03.2005 | RLTL Optima Radom | MZ | 13.46 | |
| 5 ZIELIŃSKI Jakub | 16.03.2005 | AZS-AWF Warszawa | MZ | 13.52 | |
| 6 ZAGAŃCZYK Bartłomiej | 19.07.2007 | UKS Herkules Sulejówek | MZ | 13.90 | |
| 7 ZALEWSKI Igor | 28.09.2007 | OKS Skra Warszawa | MZ | 14.12 | |
| 8 KĘPSKI Jakub | 09.08.2007 | AZS-AWF Warszawa | MZ | 14.62 | |
| Bieg 10/ 10 | -0.8 | | 16:52 | | |
| 1 SOBIECH Jakub | 02.03.1990 | KS Sprinterzy.com Kraków | MA | 11.95 | |
| 2 ŚMIGIELSKI Szymon | 29.08.2007 | UKS Herkules Sulejówek | MZ | 12.45 | |
| 3 GŁOWALA Michał | 10.04.2005 | UKS Kresy Otwock | MZ | 12.56 | |
| 4 WRÓBLEWSKI Paweł | 13.07.2007 | UKS Herkules Sulejówek | MZ | 12.63 | |
| 5 SKIERSKI Mateusz | 26.08.2005 | MKS Bank BS Płońsk | MZ | 13.26 | |
| 6 KWIATKOWSKI Filip | 27.04.2006 | MKS Bank BS Płońsk | MZ | 13.79 | |
| 7 JANKOWSKI Stanisław | 28.05.2007 | AKL Ursynów Warszawa | MZ | 14.35 | |
| 8 KOZAKIEWICZ Mikołaj | 08.08.2007 | AKL Ursynów Warszawa | MZ | 14.54 | |
| 200 metrów mężczyzn | | | | | |
| Bieg 1/ 6 | -0.1 | | 19:42 | | |
| 1 KOWALUK Dariusz | 16.04.1996 | AZS-AWF Warszawa | MZ | 21.40 | |
| 2 DZIUBA Szymon | 20.10.1999 | AZS-AWF Warszawa | MZ | 21.54 | SB |
| 3 SUWARA Wiktor | 24.07.1996 | AZS-AWF Warszawa | MZ | 21.60 | |
| 4 FARAJ Wiktor | 02.05.2002 | OKS Skra Warszawa | MZ | 22.20 | PB |
| 5 CHYŁA Dawid | 24.09.2001 | LKS Osuchów | MZ | 22.76 | |
| 6 PRZYŻECKI Dominik | 17.01.2001 | AKL Ursynów Warszawa | MZ | 23.04 | |
| 7 JAWORSKI Mateusz | 15.01.2002 | OKS Skra Warszawa | MZ | 23.99 | |
| Bieg 2/ 6 | +0.1 | | 19:45 | | |
| 1 ŚLIWA Jakub | 05.11.2004 | MKS Pułtusk | MZ | 22.12 | PB |
| 2 KĘPIŃSKI Bartłomiej | 01.08.2003 | OKS Start Otwock | MZ | 22.44 | PB |
| 3 ZAWADZKI Tomasz | 07.06.2002 | AZS-AWF Warszawa | MZ | 22.67 | PB |
| 4 BILIŃSKI Damian | 23.01.2002 | Mazovia ProActiv Ciechanów | MZ | 22.74 | PB |
| 5 OGONOWSKI Szymon | 26.07.1985 | AZS-AWF Warszawa | MZ | 22.95 | |
| 6 WRÓBEL Adam | 24.10.2001 | UKS Herkules Sulejówek | MZ | 23.78 | |
| 7 PIERZCHAŁA Gabriel | 18.10.2004 | UKS Olimp Kozienice | MZ | 23.80 | |
| Bieg 3/ 6 | +0.1 | | 19:48 | | |
| 1 UŚCIŃSKI Kacper | 22.01.2004 | OKS Skra Warszawa | MZ | 23.23 | PB |
| 2 MAKOS Szymon | 11.09.2002 | UKS Herkules Sulejówek | MZ | 23.45 | PB |
| 3 MOLSKI Paweł | 12.12.2002 | OKS Skra Warszawa | MZ | 23.48 | PB |
| 4 PAŁAC Maciej | 01.08.2003 | UKS Gepard Warszawa | MZ | 23.54 | |
| 5 WOJCIUK Michał | 04.08.2004 | MKS Pogoń Siedlce | MZ | 23.55 | PB |
| 6 SZAJNER Wojciech | 18.03.2003 | RLTL Optima Radom | MZ | 23.67 | |
| Bieg 4/ 6 | +0.1 | | 19:51 | | |
| 1 MOUKETOU-TARAZEWICZ | 09.02.2005 | OKS Start Otwock | MZ | 23.07 | PB |
| 2 STAŃCZUK Jan | 02.08.2005 | UKS Młodzik Warszawa | MZ | 24.04 | PB |
| 3 ROŚLONIEC Piotr | 25.09.2005 | Akademia Sportu Otwock | MZ | 24.15 | PB |
| 4 BANACH Piotr | 30.03.2005 | RLTL Optima Radom | MZ | 24.19 | PB |
| 5 PAWŁOWSKI Łukasz | 13.03.1982 | KS Sprinterzy.com Kraków | MA | 24.22 | PB |
| 6 OSTACHOWSKI Antoni | 12.01.2005 | KS Orzeł Warszawa | MZ | 24.38 | PB |
| 7 KOMUDA Kacper | 01.05.2004 | AZS-AWF Warszawa | MZ | 25.76 | |
| Bieg 5/ 6 | +0.2 | | 19:53 | | |
| 1 SŁAWIŃSKI Mikołaj | 05.10.2005 | Akademia Sportu Otwock | MZ | 24.39 | PB |
| 2 WRONKA Kacper | 06.03.2006 | UKS Sprint 2020 Warszawa | MZ | 25.10 | PB |
| 3 BARAŃCZUK Kacper | 07.06.2004 | OKS Skra Warszawa | MZ | 25.20 | PB |
| 4 BADEŃSKI Bernard | 28.10.2005 | AKL Ursynów Warszawa | MZ | 25.61 | PB |
| 5 JASZCZYŃSKI Andrzej | 14.04.1988 | AZS-AWF Warszawa | MZ | 26.22 | PB |
| 6 TYMOSIAK Szymon | 08.05.2006 | UKS Sprint 2020 Warszawa | MZ | 26.76 | PB |
| 7 GROTKOWSKI Krzysztof | 26.07.1963 | UKS Herkules Sulejówek | MZ | 29.84 | |
| Bieg 6/ 6 | +0.2 | | 19:55 | | |
| 1 RODZIEWICZ Jan | 17.02.2003 | UKS Herkules Sulejówek | MZ | 23.27 | |
| 2 NAJMRODZKI Adam | 24.12.2003 | AZS-AWF Warszawa | MZ | 23.72 | |
| 3 DŃNICA Patryk | 15.06.2006 | Akademia Sportu Otwock | MZ | 24.67 | |
| 4 KOŁODZIEJ Radosław | 06.03.2001 | UKS Herkules Sulejówek | MZ | 26.38 | |
| 5 WOŹNIAK Sebastian | 02.06.2005 | RLTL Optima Radom | MZ | 27.87 | |
| 6 WYSOCKI Konrad | 28.04.1982 | UKS Herkules Sulejówek | MZ | 28.71 | |

400 metrów mężczyzn

| Bieg 1/ 3 | | 17:14 | | | | |
|-----------|---------------------|------------|-----------------------------|----|-------|----|
| 1 | DUCHNOWSKI Igor | 06.07.2003 | KS Prefbet-Sonarol | PD | 49.30 | PB |
| 2 | JURAK Bartosz | 11.03.2003 | KS Prefbet-Sonarol | PD | 49.68 | SB |
| 3 | DĄBROWSKI Piotr | 08.06.2003 | KS Prefbet-Sonarol | PD | 50.14 | |
| 4 | LESZCZYŃSKI Mateusz | 30.01.2003 | MKS Pogoń Siedlce | MZ | 50.26 | PB |
| 5 | SUCHTA Marcin | 10.07.2001 | LŁKS Prefbet Śniadowo Łomża | PD | 51.70 | |
| | CYDEJKO Szymon | 30.12.2003 | MKS Pogoń Siedlce | MZ | DNF | |

| Bieg 2/ 3 | | 17:18 | | | | |
|-----------|--------------------|------------|----------------------|----|-------|----|
| 1 | PYSZKA Mikołaj | 05.10.2002 | LUKS Start Nakło | KP | 49.12 | PB |
| 2 | TRZCIŃSKI Dawid | 23.05.2002 | LUKS Start Nakło | KP | 53.07 | PB |
| 3 | BOGUSZEWSKI Michał | 24.11.2004 | AKL Ursynów Warszawa | MZ | 53.33 | PB |
| 4 | BORECKI Kasper | 25.03.2005 | UKS 48 Warszawa | MZ | 54.36 | PB |
| 5 | PAWSKI Wawrzyniec | 31.01.1984 | KS AZS AWF Kraków | MA | 55.01 | |
| 6 | PRZYGODA Michał | 23.02.2002 | BKS Wataha Warszawa | MZ | 56.61 | |

| Bieg 3/ 3 | | 17:21 | | | | |
|-----------|---------------------|------------|--------------------------|----|---------|----|
| 1 | PIEŃKOWSKI Michał | 10.04.2004 | WLKS Nowe Iganie | MZ | 51.84 | |
| 2 | SZYMAŃSKI Filip | 18.03.2005 | MKS Pułtusk | MZ | 55.75 | |
| 3 | KOĆ Michał | 16.04.2004 | MKS Pogoń Siedlce | MZ | 57.06 | SB |
| 4 | KRAKOWIAK Tymoteusz | 09.06.2004 | MKS Polonia Warszawa | MZ | 57.17 | |
| 5 | STEC Oliwier | 18.07.2006 | AZS-AWF Warszawa | MZ | 59.90 | PB |
| 6 | KOCERKA Jacek | 07.10.1976 | KS Lemiesz Team Warszawa | MZ | 1:00.49 | |

800 metrów mężczyzn

| Bieg 1/ 5 | | 17:44 | | | | |
|-----------|---------------------|------------|------------------------|----|---------|----|
| 1 | LIKWIARZ Dawid | 18.02.2002 | KS Prefbet-Sonarol | PD | 1:55.21 | SB |
| 2 | PEC Adrian | 28.04.2003 | SRS Kondycja Piaseczno | MZ | 1:57.09 | SB |
| 3 | KLIMIUK Łukasz | 06.12.2004 | KS Parkiet Hajnówka | PD | 1:57.76 | PB |
| 4 | STRZELCZYK Jakub | 12.06.2003 | UKS Olimp Kozenice | MZ | 1:58.41 | |
| 5 | ZIELIŃSKI Kamil | 05.10.1997 | SRS Kondycja Piaseczno | MZ | 1:58.78 | PB |
| 6 | ROZMIANIEC Paweł | 20.02.1987 | MKS Unia Hrubieszów | LU | 1:58.86 | |
| 7 | FOLGA Bartłomiej | 08.11.2003 | KS Prefbet-Sonarol | PD | 2:01.24 | |
| 8 | MATUSZCZAK Jakub | 12.07.2002 | RLTL Optima Radom | MZ | 2:02.00 | |
| 9 | WEREMCZUK Krzysztof | 13.01.2000 | MKS Polonia Warszawa | MZ | 2:03.12 | |
| 10 | ROGOZIŃSKI Karol | 19.01.1999 | UKS Siódemka Ostrołęka | MZ | 2:03.44 | |
| | ROMANIUK Daniel | 10.10.2001 | MKS Polonia Warszawa | MZ | DNF | |
| | CYDEJKO Szymon | 30.12.2003 | MKS Pogoń Siedlce | MZ | DNF | |

| Bieg 2/ 5 | | 17:49 | | | | |
|-----------|----------------------|------------|------------------------------|----|---------|----|
| 1 | BŁASZCZYK Kamil | 28.02.2003 | MKS Bank BS Płońsk | MZ | 2:03.31 | PB |
| 2 | KLONOWSKI Andrzej | 23.05.2005 | KS Lider Grodzisk Mazowiecki | MZ | 2:04.10 | PB |
| 3 | MIERZEJEWSKI Miłosz | 13.05.2004 | WLKS Nowe Iganie | MZ | 2:04.55 | PB |
| 4 | BARTOŚ Krzysztof | 17.12.2003 | AZS-AWF Warszawa | MZ | 2:05.27 | PB |
| 5 | MILKOWSKI Wiktor | 15.04.2005 | UKS 48 Warszawa | MZ | 2:06.29 | PB |
| 6 | GÓRSKI Krystian | 18.07.2001 | PTT Delta Płock | MZ | 2:08.86 | |
| 7 | CENTKOWSKI Łukasz | 26.05.2003 | LKS Osuchów | MZ | 2:13.05 | |
| 8 | ANDRYSZCZYK Krystian | 22.10.2002 | RLTL Optima Radom | MZ | 2:14.60 | |

| Bieg 3/ 5 | | 17:55 | | | | |
|-----------|-------------------|------------|------------------------------|----|---------|----|
| 1 | KOWALCZYK Dominik | 31.05.2004 | OKLA Ostrołęka | MZ | 2:04.42 | |
| 2 | MAŁECKI Mateusz | 20.01.2005 | KS Lider Grodzisk Mazowiecki | MZ | 2:06.96 | PB |
| 3 | ANTONOWICZ Jan | 26.05.2005 | SRS Kondycja Piaseczno | MZ | 2:07.80 | PB |
| 4 | DOMŻAŁ Tadeusz | 25.06.2002 | Akademia Sportu Otwock | MZ | 2:09.29 | PB |
| 5 | OLEJNIK Mikołaj | 09.09.2007 | UKS Filipides Teresin | MZ | 2:09.41 | PB |
| 6 | TOMCZAK Alan | 23.04.2006 | UKS Technik Radom | MZ | 2:14.07 | PB |
| 7 | WRÓBLEWSKI Michał | 06.08.1979 | AKL Ursynów Warszawa | MZ | 2:14.90 | |
| 8 | KEEHN Dawid | 08.09.2006 | AZS-AWF Warszawa | MZ | 2:17.00 | |
| 9 | CEBULA Mateusz | 28.05.2006 | OKS Skra Warszawa | MZ | 2:19.66 | PB |
| 10 | PIEKARSKI Filip | 24.08.2007 | KS Lider Grodzisk Mazowiecki | MZ | 2:23.94 | |

| Bieg 4/ 5 | | 18:00 | | | | |
|-----------|------------------|------------|--------------------------|----|---------|--|
| 1 | DZIADCZYK Antoni | 24.04.2004 | AZS-AWF Warszawa | MZ | 2:05.96 | |
| 2 | ŁUCZYK Jakub | 21.10.2006 | AP Marcovia Marki | MZ | 2:19.86 | |
| 3 | GĄSIŃSKI Wiktor | 14.04.2006 | UKS Melo Błonie | MZ | 2:20.64 | |
| 4 | KNYCH Kamil | 27.01.2007 | AZS-AWF Warszawa | MZ | 2:21.33 | |
| 5 | WÓJCIK Kacper | 07.09.2006 | UKS G-8 Bielany Warszawa | MZ | 2:23.79 | |
| 6 | MARCINIAK Szymon | 01.03.2007 | MKS Pogoń Siedlce | MZ | 2:25.61 | |
| 7 | BRZUZY Miłosz | 18.10.2007 | OKLA Ostrołęka | MZ | 2:25.79 | |
| 8 | URBAŃSKI Jakub | 04.04.2006 | UKS Melo Błonie | MZ | 2:30.38 | |
| 9 | SALA Szymon | 11.09.2007 | UKS Siódemka Ostrołęka | MZ | 2:31.90 | |
| 10 | SIDELNIK Jan | 27.10.2005 | AZS-AWF Warszawa | MZ | 2:34.81 | |

| Bieg 5/ 5 | | 18:04 | | | | |
|-----------|---------------------|------------|----------------------|----|---------|--|
| 1 | MILCARZ Maksymilian | 29.02.2004 | AKL Ursynów Warszawa | MZ | 2:07.23 | |
| 2 | ABRAMCZYK Piotr | 27.06.2006 | UKS Technik Radom | MZ | 2:08.04 | |
| 3 | PŁUCIENNIK Adam | 25.05.2006 | AKL Ursynów Warszawa | MZ | 2:08.22 | |

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|---|------------|------------------------|------|---------|----|
| 4 ŁUKASIAK Szymon | 31.07.2003 | UKS Herkules Sulejówek | MZ | 2:10.32 | |
| 5 HRYNISZYN Kacper | 15.03.2006 | KS Czempion Warszawa | MZ | 2:15.24 | |
| 6 KOZAKIEWICZ Jeremi | 21.09.2005 | AKL Ursynów Warszawa | MZ | 2:16.06 | |
| 7 ABRAMCZYK Jakub | 21.01.2006 | RLTL Optima Radom | MZ | 2:22.86 | |
| 8 SZCZECIŃSKI Maciej | 13.08.2007 | KS Zawkrze Mława | MZ | 2:29.20 | |
| 9 BORKOWSKI Antoni | 04.06.2006 | WLKS Nowe Iganie | MZ | 2:31.25 | |
| 10 ANDRZEJEWSKI Wojciech | 16.12.2006 | AKL Ursynów Warszawa | MZ | 2:37.59 | |
| 1500 metrów mężczyzn | | | | | |
| Bieg 1/ 1 | | | | 18:39 | |
| 1 GOS Mateusz | 07.06.2002 | RLTL Optima Radom | MZ | 4:08.60 | |
| 2 ANDZIAK Stanisław | 05.12.2004 | OKS Skra Warszawa | MZ | 4:09.78 | |
| 3 ZAREBA Mateusz | 02.01.2001 | OKS Skra Warszawa | MZ | 4:15.50 | |
| 4 SKIERKOWSKI Paweł | 13.05.2002 | AZS-AWF Warszawa | MZ | 4:17.21 | |
| 5 ASTRACHANCEW Konrad | 11.07.2005 | AZS-AWF Warszawa | MZ | 4:17.86 | PB |
| 6 WRÓBLEWSKI Błażej | 10.03.2005 | AKL Ursynów Warszawa | MZ | 4:19.94 | |
| 7 KLECZEWSKI Piotr | 18.01.2005 | UKS Filipides Teresin | MZ | 4:31.96 | PB |
| 8 STEFAŃCZYK Jakub | 15.03.2004 | KS Prefbet-Sonarol | PD | 4:36.48 | |
| 9 SZYMAŃSKI Przemysław | 28.08.2000 | AZS-AWF Warszawa | MZ | 4:37.62 | |
| 10 GRYZ Kamil | 12.08.2005 | UKS Herkules Sulejówek | MZ | 4:37.98 | PB |
| 11 PLEJZNEROWSKI Marcin | 13.10.1982 | Akademia Sportu Otwock | MZ | 4:58.23 | |
| 12 PLEJZNEROWSKI Mateusz | 03.08.2007 | Akademia Sportu Otwock | MZ | 5:37.29 | |
| 2000 m przeszkody mężczyzn | | | | | |
| Bieg 1/ 1 | | | | 19:19 | |
| 1 KUBICKI Adam | 28.09.1997 | MKS Polonia Warszawa | MZ | 6:00.08 | |
| 2 JANDUŁA Wiktor | 22.01.2005 | RLTL Optima Radom | MZ | 6:18.73 | |
| 3 BAJORSKI Adam | 11.09.2004 | RLTL Optima Radom | MZ | 6:20.16 | PB |
| 4 ORACZKO Denis | 10.09.2003 | RLTL Optima Radom | MZ | 6:36.87 | |
| 5 URBAŃSKI Eryk | 31.03.2004 | AKL Ursynów Warszawa | MZ | 6:44.35 | PB |
| WEREMCZUK Krzysztof | 13.01.2000 | MKS Polonia Warszawa | MZ | DNF | |
| 110 metrów pł M U20 (99.1) | | | | | |
| Bieg 1/ 1 | | | +1.5 | 18:36 | |
| 1 NIEDZIELA Jakub | 28.06.2002 | UKS LA Basket Warszawa | MZ | 16.08 | PB |
| 2 JANIĆ Tymoteusz | 25.04.2002 | UKS Gepard Warszawa | MZ | 16.65 | |
| 3 PIĘCEK Jakub | 07.07.2003 | UKS Gepard Warszawa | MZ | 17.65 | PB |
| KOLASIŃSKI Hubert | 03.01.2003 | RLTL Optima Radom | MZ | DNF | |
| 110 metrów pł M U18 (91.4) | | | | | |
| Bieg 1/ 1 | | | +1.5 | 18:25 | |
| 1 BASAJ Szymon | 18.02.2004 | UKS Kresy Otwock | MZ | 15.02 | PB |
| 2 JEDYNAK Kacper | 08.10.2004 | RLTL Optima Radom | MZ | 15.03 | PB |
| 3 DOBROWOLSKI Marcel | 06.01.2005 | UKS Gepard Warszawa | MZ | 15.44 | PB |
| 110 m ppł mężczyzn | | | | | |
| Bieg 1/ 1 | | | +1.5 | 18:25 | |
| 1 Dubiel Adam | 12.01.1979 | KS Orzeł Warszawa | MZ | 18.74 | PB |
| 400 m ppł mężczyzn | | | | | |
| Bieg 1/ 1 | | | | 15:12 | |
| 1 TYLAK Łukasz | 28.02.1990 | UKS Dąb Suchy Las | WP | 56.19 | SB |
| 2 SZRAJNER Gustaw | 23.06.2003 | UKS LA Basket Warszawa | MZ | 56.76 | |
| 3 ROMANIUK Daniel | 10.10.2001 | MKS Polonia Warszawa | MZ | 1:01.19 | |
| 4 MAKOS Bartosz | 07.02.2001 | UKS Herkules Sulejówek | MZ | 1:05.16 | |
| GĘBCZYK Przemysław | 30.12.2003 | RLTL Optima Radom | MZ | DNF | |
| Pchnięcie kulą mężczyzn (7.26kg) | | | | | |
| FINAŁ | | | | 18:55 | |
| 1 NIEDŹWIECKI Damian | 09.09.2000 | OKLA Ostrołęka | MZ | 16.42 | |
| Pchnięcie kulą M U20 (6kg) | | | | | |
| FINAŁ | | | | 18:55 | |
| 1 KULA Przemysław | 23.04.2003 | RLTL Optima Radom | MZ | 14.83 | |
| Pchnięcie kulą M U18 (5kg) | | | | | |
| FINAŁ | | | | 18:55 | |
| 1 WIŚNIEWSKI Szymon | 07.09.2004 | UKS Kresy Otwock | MZ | 11.82 | SB |
| Pchnięcie kulą M U16 (5kg) | | | | | |
| FINAŁ | | | | 18:55 | |
| 1 DEMBIŃSKI Miłosz | 25.03.2006 | OKLA Ostrołęka | MZ | 12.44 | PB |
| Rzut oszczepem M U18 (700) | | | | | |
| FINAŁ | | | | 19:48 | |
| 1 JANIĆ Gustaw | 28.01.2005 | UKS Gepard Warszawa | MZ | 54.63 | PB |
| 2 MICHAŁEK Jakub | 16.06.2005 | UKS LA Basket Warszawa | MZ | 45.00 | PB |
| 3 KIEŁBIEWSKI Szymon | 08.09.2005 | RLTL Optima Radom | MZ | 41.89 | |

| | | | | | | | | |
|-----------------------------|------------|------------------------|-------|-------|-------|-------|--|------|
| 4 GAŁAZIN Michał | 20.12.2005 | UKS Gepard Warszawa | MZ | 38.23 | PB | | | |
| Rzut oszczepem M U20 (800) | | | | | | | | |
| FINAŁ | | | 19:48 | | | | | |
| 1 SUMIŃSKI Wojciech | 14.01.1994 | AZS-AWF Warszawa | MZ | 66.57 | SB | | | |
| 2 BOROŃ Aleksy | 01.06.2000 | UKS LA Basket Warszawa | MZ | 55.67 | | | | |
| 3 KRAWCZYK Michał | 08.09.1992 | AZS-AWF Warszawa | MZ | 40.42 | SB | | | |
| 4 ORDYŁOWSKI Gustaw | 02.04.2003 | AZS-AWF Warszawa | MZ | 38.13 | PB | | | |
| 5 NIEDZIELA Jakub | 28.06.2002 | UKS LA Basket Warszawa | MZ | 36.80 | | | | |
| 6 UHERA Roman | 21.09.2000 | AZS-AWF Warszawa | MZ | 30.91 | SB | | | |
| Rzut dyskiem M U20 (1.75kg) | | | | | | | | |
| FINAŁ | | | 17:10 | | | | | |
| 1 MURIAS Mateusz | 18.01.2002 | KS Warszawianka W-wa | MZ | 41.66 | PB | | | |
| 2 KOWALSKI Jakub | 25.10.2003 | MKS Bank BS Płońsk | MZ | 35.72 | | | | |
| MURIAS Mateusz | I | II | III | IV | V | VI | | |
| | 39.02 | 41.66 | 39.27 | 39.57 | 39.34 | x | | |
| KOWALSKI Jakub | x | x | x | x | x | 35.72 | | |
| Rzut dyskiem M U18 (1.5kg) | | | | | | | | |
| FINAŁ | | | 17:10 | | | | | |
| 1 STĘPIŃSKI Patryk | 25.11.2005 | MKS Bank BS Płońsk | MZ | 38.43 | PB | | | |
| STĘPIŃSKI Patryk | I | II | III | IV | V | VI | | |
| | 38.43 | x | x | x | x | 35.72 | | |
| Rzut dyskiem mężczyzn (2kg) | | | | | | | | |
| FINAŁ | | | 17:10 | | | | | |
| 1 NIEDŹWIECKI Damian | 09.09.2000 | OKLA Ostrołęka | MZ | 47.03 | SB | | | |
| 2 KRAWCZYK Michał | 08.09.1992 | AZS-AWF Warszawa | MZ | 38.84 | | | | |
| NIEDŹWIECKI Damian | I | II | III | IV | V | VI | | |
| | 45.36 | x | 46.87 | x | 46.13 | 47.03 | | |
| KRAWCZYK Michał | 38.84 | 37.55 | x | x | 37.61 | 37.46 | | |
| Skok wzwyż mężczyzn | | | | | | | | |
| FINAŁ | | | 15:30 | | | | | |
| 1 MIESZKOWICZ Aleksander | 04.04.2006 | MLKL Płock | MZ | 1.55 | | | | |
| 2 SADOWSKI Jan | 22.03.2006 | MKS Pułtusk | MZ | 1.45 | =PB | | | |
| 3 PAVLOV Tymofej | 09.11.2006 | OKS Skra Warszawa | MZ | 1.40 | | | | |
| 4 JANAS Filip | 17.03.2007 | OKS Skra Warszawa | MZ | 1.40 | =PB | | | |
| 5 UHERA Grzegorz | 14.02.2005 | KS Orzeł Warszawa | MZ | 1.40 | =PB | | | |
| Skok o tyczce mężczyzn | | | | | | | | |
| FINAŁ | | | 18:20 | | | | | |
| 1 MARCINIEWICZ Bartosz | 24.11.2002 | AZS-AWF Warszawa | MZ | 4.45 | | | | |
| 2 KRAWCZYK Michał | 08.09.1992 | AZS-AWF Warszawa | MZ | 4.25 | | | | |
| 3 SZEWCZYK Stanisław | 13.03.1997 | AZS-AWF Warszawa | MZ | 3.85 | | | | |
| Skok w dal M U18 | | | | | | | | |
| FINAŁ | | | 16:10 | | | | | |
| 1 GŁASZCZKA Szymon | 08.01.2005 | GKS Wilga Garwolin | MZ | 6.61 | | | | -1.1 |
| 2 PTASIEWICZ Jakub | 17.09.2005 | MKS Bank BS Płońsk | MZ | 6.06 | PB | | | 0.8 |
| 3 DOBROWOLSKI Marcel | 06.01.2005 | UKS Gepard Warszawa | MZ | 6.03 | PB | | | 1.5 |
| 4 ODOLIŃSKI Szymon | 23.02.2005 | UKS Kresy Otwock | MZ | 5.70 | SB | | | 1.5 |
| 5 NAPIÓRKOWSKI Elias | 25.06.2004 | OKLA Ostrołęka | MZ | 5.67 | PB | | | 2.0 |
| 6 BYCUL Jakub | 02.05.2004 | AZS-AWF Warszawa | MZ | 5.58 | | | | 1.2 |
| 7 DĄBROWSKI Krzysztof | 10.04.2006 | AZS-AWF Warszawa | MZ | 5.06 | | | | 1.1 |
| 8 WÓJCICKI Szymon | 01.07.2005 | AZS-AWF Warszawa | MZ | 4.70 | | | | -0.6 |
| Skok w dal mężczyzn | | | | | | | | |
| FINAŁ | | | 16:10 | | | | | |
| 1 MURIAS Mateusz | 18.01.2002 | KS Warszawianka W-wa | MZ | 6.28 | | | | 0.0 |
| 2 KORZENIOWSKI Łukasz | 04.06.2003 | MKS Bank BS Płońsk | MZ | 5.95 | | | | -1.4 |
| 3 UHERA Roman | 21.09.2000 | AZS-AWF Warszawa | MZ | 5.61 | | | | -1.1 |
| 4 ORDYŁOWSKI Gustaw | 02.04.2003 | AZS-AWF Warszawa | MZ | 5.52 | | | | 0.7 |
| MURIAS Mateusz | I | II | III | IV | V | VI | | |
| | 6.26 | 4.91 | x | 3.35 | 6.28 | x | | |
| | 1.6 | 1.0 | -2.4 | -0.5 | 0.0 | -2.3 | | |
| KORZENIOWSKI Łukasz | x | x | x | 5.87 | x | 5.95 | | |
| | | | | -0.5 | | -1.4 | | |
| UHERA Roman | 5.55 | 5.44 | 5.61 | 5.34 | 3.56 | x | | |
| | 0.8 | 0.7 | -1.1 | -1.4 | -0.8 | -0.2 | | |
| ORDYŁOWSKI Gustaw | 5.39 | x | 5.52 | x | 5.19 | 5.40 | | |
| | 1.6 | 2.0 | 0.7 | -2.2 | -0.7 | 0.6 | | |

Trójskok mężczyzn

FINAŁ

17:40

| | | | | | | | | |
|--------------------|------------|----------------------------|-------|-------|-------|-------|--|-------------|
| 1 KULMACZEWSKI Jan | 22.04.1995 | UKS Kapry-armexim Pruszków | MZ | 15.03 | | | | |
| 2 SOBORA Łukasz | 23.11.1978 | KS Lemiesz Team Warszawa | MZ | 13.59 | SB | | | -1.2 1.0 |
| | I | II | III | IV | V | VI | | |
| KULMACZEWSKI Jan | x | x | 15.03 | 14.78 | x | 15.01 | | |
| | 0.9 | 1.2 | -1.2 | 1.0 | 0.7 | 1.1 | | |
| SOBORA Łukasz | 13.24 | x | 13.38 | 13.50 | 13.59 | x | | |
| | 0.7 | 0.3 | 0.2 | 0.6 | 1.0 | 0.1 | | |

KOBIECY/WOMEN

100 metrów kobiet

Bieg 1/ 11

-0.2

15:45

| | | | | | | |
|-----------------------|------------|-------------------------|----|-------|--|--|
| 1 SZULC Marta | 04.09.1994 | SSA Legia 1926 Warszawa | MZ | 12.40 | | |
| 2 GOLCZEWSKA Anna | 26.10.1997 | AZS-AWF Warszawa | MZ | 12.51 | | |
| 3 GADAJSKA Wiktoria | 08.01.2006 | RLTL Optima Radom | MZ | 12.75 | | |
| 4 LANDOWSKA Zofia | 03.03.2003 | OKS Skra Warszawa | MZ | 12.87 | | |
| 5 ŚWIETLIK Sonia | 11.05.1992 | SRS Kondycja Piaseczno | MZ | 12.95 | | |
| 6 SOBCZYK Kamila | 27.04.2002 | OKS Skra Warszawa | MZ | 12.97 | | |
| 7 STELMASZCZYK Joanna | 26.06.1998 | SSA Legia 1926 Warszawa | MZ | 13.10 | | |

Bieg 2/ 11

-0.9

15:48

| | | | | | | |
|---------------------------|------------|--------------------------|----|-------|----|--|
| 1 LITWINIEC Karolina | 11.04.2004 | UKS Orzełki Warszawa | MZ | 12.83 | PB | |
| 2 JAGIEŁŁO Aleksandra | 26.09.2006 | UKS Sprint 2020 Warszawa | MZ | 12.94 | PB | |
| 3 BANY Daria | 12.02.2002 | UKS Gepard Warszawa | MZ | 13.01 | PB | |
| 4 BRÓŻYNA Nikola | 27.12.2005 | RLTL Optima Radom | MZ | 13.06 | PB | |
| 5 MRÓZ Katarzyna weronika | 28.10.1998 | KS Sprinterzy.com Kraków | MA | 13.37 | | |
| 6 POLANOWSKA Nina | 25.11.2003 | AKL Ursynów Warszawa | MZ | 13.39 | | |
| 7 SZTEMBERG Julia | 18.07.2003 | UKS Kusy Warszawa | MZ | 13.81 | | |
| 8 CZYŻ Letina | 05.10.2003 | RLTL Optima Radom | MZ | 13.95 | | |

Bieg 3/ 11

-0.8

15:51

| | | | | | | |
|-----------------------|------------|-----------------------|----|-------|----|--|
| 1 CHWAŁOWSKA Natalia | 18.03.2005 | UKS Otrębusy | MZ | 13.16 | PB | |
| 2 BANY Adrianna | 09.01.2007 | UKS Filipides Teresin | MZ | 13.36 | PB | |
| 3 NEUMANN Sophia | 21.12.2004 | AZS-AWF Warszawa | MZ | 13.41 | PB | |
| 4 ŁUCJANEK Zofia | 16.07.2004 | AKL Ursynów Warszawa | MZ | 13.52 | | |
| 5 GIL Natalia | 28.03.2006 | KS Orzeł Warszawa | MZ | 13.55 | PB | |
| 6 GWIAZDECKA Wiktoria | 03.04.2006 | WLKS Nowe Iganie | MZ | 13.72 | PB | |
| 7 LASOTA Patrycja | 12.06.2004 | RLTL Optima Radom | MZ | 13.74 | | |
| 8 OCICKA Julia | 03.03.2006 | PTT Delta Płock | MZ | 13.79 | | |

Bieg 4/ 11

-0.9

15:54

| | | | | | | |
|------------------------|------------|--------------------|----|-------|----|--|
| 1 STEFAŃSKA Marika | 11.01.2007 | AZS-AWF Warszawa | MZ | 13.70 | PB | |
| 2 GREGORCZYK Klaudia | 27.10.2005 | RLTL Optima Radom | MZ | 13.88 | PB | |
| 3 PRZYBYŁOWSKA Natalia | 19.11.2006 | PTT Delta Płock | MZ | 14.12 | PB | |
| 4 KAĆKA Aleksandra | 03.08.2007 | MKS Bank BS Płońsk | MZ | 14.25 | | |
| 5 MRÓZ Malwina | 07.01.2005 | UKS Clan Ostrołęka | MZ | 14.30 | | |
| 6 GAŚIEWSKA Julia | 22.09.2006 | MKS Pułtusk | MZ | 14.37 | | |

Bieg 5/ 11

+0.1

15:57

| | | | | | | |
|--------------------------|------------|------------------------------|----|-------|----|--|
| 1 GÓRECKA Maria Antonina | 04.03.2005 | UKS Melo Błonie | MZ | 13.68 | PB | |
| 2 NOWAKOWSKA Lena | 10.11.2007 | UKS MTE Milanówek | MZ | 13.77 | PB | |
| 3 TOKARSKA Alicja | 15.08.2006 | AKL Ursynów Warszawa | MZ | 14.01 | PB | |
| 4 GRABOWSKA Urszula | 16.07.2004 | UKS Sprint 2020 Warszawa | MZ | 14.33 | | |
| 5 PRZYBYŁOWSKA Blanka | 22.06.2007 | AKL Ursynów Warszawa | MZ | 14.34 | PB | |
| 6 DZIEWICKA Lidia | 19.05.2006 | UKS Orzełki Warszawa | MZ | 14.64 | | |
| 7 JASKULSKA Oliwia Maria | 24.10.2006 | UKS Orzełki Warszawa | MZ | 14.67 | | |
| 8 ZIÓŁEK Zofia | 04.05.2006 | KS Lider Grodzisk Mazowiecki | MZ | 14.90 | | |

Bieg 6/ 11

-0.4

15:59

| | | | | | | |
|---------------------------|------------|--------------------------|----|-------|----|--|
| 1 RZEPIELA Barbara | 13.07.2007 | AZS-AWF Warszawa | MZ | 14.10 | PB | |
| 2 PAVILLET Zoé | 19.07.2006 | AKL Ursynów Warszawa | MZ | 14.16 | PB | |
| 3 TWARDOWSKA Lena | 08.01.2007 | UKS Melo Błonie | MZ | 14.35 | PB | |
| 4 LIWIŃSKA Patrycja Zofia | 07.03.2004 | MKS Pułtusk | MZ | 14.53 | PB | |
| 5 WŁODARCZYK Paulina | 29.05.2007 | OKS Skra Warszawa | MZ | 14.60 | PB | |
| 6 BRAUZE Antonina | 28.06.2005 | UKS Sprint 2020 Warszawa | MZ | 14.82 | PB | |
| 7 STEMPEL Aleksandra | 19.01.2006 | UKS Herkules Sulejówek | MZ | 14.84 | | |

Bieg 7/ 11

-0.4

16:02

| | | | | | | |
|---------------------|------------|------------------------|----|-------|----|--|
| 1 MICHALAK Olga | 09.09.2005 | AZS-AWF Warszawa | MZ | 13.87 | | |
| 2 SZRAJNER Łucja | 19.02.2005 | UKS LA Basket Warszawa | MZ | 13.93 | PB | |
| 3 ROLKA Julia | 07.01.2007 | AZS-AWF Warszawa | MZ | 14.20 | | |
| 4 SZYMCZAK Karolina | 14.06.2007 | AZS-AWF Warszawa | MZ | 14.41 | PB | |
| 5 FOLWARSKA Ida | 12.04.2006 | UKS MTE Milanówek | MZ | 14.74 | PB | |
| 6 ŻUROWSKA Klaudia | 01.02.2007 | UKS Technik Radom | MZ | 15.03 | PB | |

Bieg 8/ 11

+0.2

16:04

| | | | | | | |
|-----------------------|------------|----------------------|----|-------|--|--|
| 1 KRAWCZYK Aleksandra | 28.04.2003 | KS Warszawianka W-wa | MZ | 12.48 | | |
| 2 ŻUROWSKA Julia | 18.03.2001 | AZS-AWF Warszawa | MZ | 12.91 | | |
| 3 JASIŃSKA Maja | 06.03.2007 | AZS-AWF Warszawa | MZ | 13.38 | | |
| 4 HNATCZUK Julia | 01.06.2006 | AZS-AWF Warszawa | MZ | 13.84 | | |

| | | | | | | |
|-------------------|-------------------------|------------|----------------------------|----|-------|----|
| 5 | ZARYCKA Patrycja | 11.04.2005 | AZS-AWF Warszawa | MZ | 13.99 | |
| 6 | WIŚNIEWSKA Magdalena | 03.01.2006 | AZS-AWF Warszawa | MZ | 14.25 | |
| 7 | PRZYBYSZ Monika | 24.09.2006 | AZS-AWF Warszawa | MZ | 14.52 | |
| 8 | CIELEBAK Julia | 11.02.2007 | UKS Falenica Warszawa | MZ | 15.67 | |
| Bieg 9/ 11 | | -0.4 | | | 16:06 | |
| 1 | JACKOWICZ Marta | 26.07.2005 | AZS-AWF Warszawa | MZ | 13.30 | |
| 2 | MAREK Justyna | 01.10.2003 | AKL Ursynów Warszawa | MZ | 13.64 | |
| 3 | WŁODARKIEWICZ Weronika | 02.08.2007 | KS Atak Agrykola Warszawa | MZ | 14.12 | |
| 4 | RÓŻAŃSKA Maria | 26.02.2006 | AKL Ursynów Warszawa | MZ | 14.72 | |
| 5 | DYMIŃSKA Zuzanna | 21.02.2006 | UKS Melo Błonie | MZ | 14.82 | |
| 6 | OKRZESIK Aneta | 13.07.2004 | RLTL Optima Radom | MZ | 14.87 | |
| 7 | KUTKOWSKA Nikola | 24.06.2007 | RLTL Optima Radom | MZ | 14.97 | |
| 8 | JAROSZ Maja | 04.10.2005 | RLTL Optima Radom | MZ | 15.25 | |
| Bieg 10/ 11 | | -0.4 | | | 16:08 | |
| 1 | SUSKA Eliza | 12.07.2005 | AZS-AWF Warszawa | MZ | 13.75 | |
| 2 | MATYSIAK Julia | 07.06.2006 | UKS Otrębusy | MZ | 13.81 | |
| 3 | ZIELIŃSKA Alicja | 25.07.2007 | UKS Herkules Sulejówek | MZ | 14.00 | |
| 4 | TRAWIŃSKA Maria | 31.10.2006 | UKS LA Basket Warszawa | MZ | 14.15 | |
| 5 | CHROMIŃSKA Angelika | 25.01.2007 | WLKS Nowe Iganie | MZ | 14.15 | |
| 6 | CHMIELEWSKA Kaja | 16.02.2006 | Mazovia ProActiv Ciechanów | MZ | 14.52 | |
| 7 | GAJEWSKA Malwina | 18.11.2005 | UKS Otrębusy | MZ | 14.98 | |
| 8 | PAWLIK Hanna | 25.08.2006 | AKL Ursynów Warszawa | MZ | 16.01 | |
| Bieg 11/ 11 | | -1.3 | | | 16:11 | |
| 1 | CHODKOWSKA Julia | 14.11.2005 | MKS Bank BS Płońsk | MZ | 13.53 | |
| 2 | CACKOWSKA Patrycja | 08.05.2006 | PTT Delta Płock | MZ | 13.85 | |
| 3 | PIOTRKOWSKA Oliwia | 21.04.2006 | KS Zawkrze Mława | MZ | 14.48 | |
| 4 | KRZESICKA Ewa | 03.06.2005 | PTT Delta Płock | MZ | 14.50 | |
| 5 | GRABOWSKA Oliwia | 23.09.2007 | AZS-AWF Warszawa | MZ | 14.89 | |
| 6 | RZEPLIŃSKA Zuzanna | 19.01.2007 | KS Zawkrze Mława | MZ | 15.62 | |
| 200 metrów kobiet | | | | | | |
| Bieg 1/ 5 | | +0.1 | | | 19:28 | |
| 1 | ZEGAN Julia | 25.01.2005 | OKS Skra Warszawa | MZ | 25.36 | PB |
| 2 | CHOJNACKA Klaudia | 12.08.2003 | MKS Bank BS Płońsk | MZ | 26.13 | SB |
| 3 | ŚWIETLIK Sonia | 11.05.1992 | SRS Kondycja Piaseczno | MZ | 26.17 | |
| 4 | LENKIEWICZ Magdalena | 19.03.2000 | KS Sprinterzy.com Kraków | MA | 26.29 | SB |
| 5 | ILCZUK Weronika | 27.03.1986 | KS Sprinterzy.com Kraków | MA | 26.64 | |
| 6 | KOWALSKA Aleksandra | 18.05.1993 | UKS Gepard Warszawa | MZ | 26.74 | SB |
| 7 | PIECHUTA Aleksandra | 28.09.1989 | KS Sprinterzy.com Kraków | MA | 27.52 | |
| Bieg 2/ 5 | | +0.0 | | | 19:31 | |
| 1 | LITWINIEC Karolina | 11.04.2004 | UKS Orzełki Warszawa | MZ | 26.30 | PB |
| 2 | CIESIELSKA Anna | 10.01.1997 | KS Sprinterzy.com Kraków | MA | 26.31 | PB |
| 3 | BIERNACKA Gabriela | 18.01.1996 | KS Czempion Warszawa | MZ | 26.56 | PB |
| 4 | SOKÓŁ Oliwia | 07.01.2005 | UKS Filipides Teresin | MZ | 26.63 | PB |
| 5 | MRÓZ Katarzyna weronika | 28.10.1998 | KS Sprinterzy.com Kraków | MA | 27.24 | SB |
| 6 | KOWALSKA Justyna | 09.05.2004 | UKS Herkules Sulejówek | MZ | 27.50 | PB |
| 7 | KWIATKOWSKA Dominika | 10.11.2005 | UKS Sprint 2020 Warszawa | MZ | 28.36 | PB |
| Bieg 3/ 5 | | +0.5 | | | 19:33 | |
| 1 | NEUMANN Sophia | 21.12.2004 | AZS-AWF Warszawa | MZ | 27.66 | PB |
| 2 | MAREK Justyna | 01.10.2003 | AKL Ursynów Warszawa | MZ | 28.05 | PB |
| 3 | CZARNOCKA Gabriela | 01.10.2003 | MKS Pogoń Siedlce | MZ | 29.06 | PB |
| 4 | GREGORCZYK Klaudia | 27.10.2005 | RLTL Optima Radom | MZ | 29.59 | |
| 5 | DZIEWICKA Lidia | 19.05.2006 | UKS Orzełki Warszawa | MZ | 29.60 | PB |
| 6 | MICHAŁCZYK-ZGLIŃSKA | 27.10.1974 | UKS Herkules Sulejówek | MZ | 29.82 | PB |
| 7 | BAGIŃSKA Maja | 07.05.2004 | Ducla Academy Warszawa | MZ | 30.45 | PB |
| 8 | WIECZOREK Krystyna | 09.11.2004 | UKS Herkules Sulejówek | MZ | 31.38 | |
| Bieg 4/ 5 | | +0.2 | | | 19:37 | |
| 1 | JACKOWICZ Marta | 26.07.2005 | AZS-AWF Warszawa | MZ | 27.07 | |
| 2 | BUCZEK Weronika | 09.03.2000 | AZS-AWF Warszawa | MZ | 28.29 | |
| 3 | ZAJĄC Emilia | 16.02.2007 | Akademia Sportu Otwock | MZ | 29.24 | |
| 4 | SUSKA Eliza | 12.07.2005 | AZS-AWF Warszawa | MZ | 29.64 | |
| 5 | NIEBUDEK Wiktoria | 12.06.2004 | AKL Ursynów Warszawa | MZ | 30.09 | |
| 6 | TRZECIAK Klara | 18.08.2007 | Akademia Sportu Otwock | MZ | 30.45 | |
| 7 | MRÓZ Malwina | 07.01.2005 | UKS Clan Ostrołęka | MZ | 31.40 | PB |
| 8 | SOBIECH-BAŁDA Karina | 23.09.1983 | UKS Herkules Sulejówek | MZ | 34.23 | |
| Bieg 5/ 5 | | +0.0 | | | 19:39 | |
| 1 | GÓRECKA Maria Antonina | 04.03.2005 | UKS Melo Błonie | MZ | 28.70 | |
| 2 | ZARYCKA Patrycja | 11.04.2005 | AZS-AWF Warszawa | MZ | 28.96 | |
| 3 | ŻYCZYŃSKA Natalia | 04.10.2005 | UKS Kusy Warszawa | MZ | 29.50 | |
| 400 metrów kobiet | | | | | | |
| Bieg 1/ 4 | | | | | 16:59 | |
| 1 | STRZEŻYSZ Małgorzata | 02.10.2004 | AZS-AWF Warszawa | MZ | 57.75 | |
| 2 | STRZELEWICZ Zuzanna | 21.03.2002 | LUKS Start Nakło | KP | 58.60 | |
| 3 | KAROLCZUK Martyna | 18.09.2005 | LUKS Boguszyce | LD | 59.04 | PB |

| | | | | | | |
|--------------------|------------------------|------------|---------------------------------|-------|---------|----|
| 4 | NOWAK Natalia | 06.09.2004 | RLTL Optima Radom | MZ | 59.50 | |
| 5 | KRAWCZYŃSKA Martyna | 21.11.2004 | KS Prefbet-Sonarol | PD | 59.72 | |
| 6 | ŁUKOWSKA Zuzanna | 21.10.2007 | Ducla Academy Warszawa | MZ | 1:01.05 | |
| Bieg 2/ 4 | | | | 17:03 | | |
| 1 | MULTAN Julianna | 31.12.2004 | SRS Kondycja Piaseczno | MZ | 1:01.59 | |
| 2 | MARCINIAK Julia | 22.11.2002 | OKS Skra Warszawa | MZ | 1:01.91 | |
| 3 | MARKIEWICZ Hanna | 10.08.2004 | AKL Ursynów Warszawa | MZ | 1:02.51 | |
| 4 | RUCIŃSKA Wiktoria | 22.07.2005 | MKS Pogoń Siedlce | MZ | 1:03.03 | |
| 5 | LIPIŃSKA Anna | 01.03.2005 | AKL Ursynów Warszawa | MZ | 1:03.21 | |
| 6 | LEWIŃSKA Agata | 24.03.2003 | RLTL Optima Radom | MZ | 1:04.12 | |
| 7 | KRZEMIŃSKA Maja | 23.06.2005 | MLKL Płock | MZ | 1:04.19 | |
| Bieg 3/ 4 | | | | 17:06 | | |
| 1 | LESZCZYŃSKA Agata | 21.04.2007 | KS Czempion Warszawa | MZ | 1:02.52 | |
| 2 | STĘPKOWSKA Matylda | 21.02.2006 | KS Czempion Warszawa | MZ | 1:02.91 | |
| 3 | ŁADA Anna | 21.04.2006 | KS Czempion Warszawa | MZ | 1:04.07 | |
| 4 | CIEĆWIERZ Nina | 12.10.2004 | OKS Skra Warszawa | MZ | 1:06.34 | |
| 5 | SIMON Zofia | 23.08.2006 | KS Czempion Warszawa | MZ | 1:06.83 | |
| 6 | NOGA Olena | 08.02.2007 | Ducla Academy Warszawa | MZ | 1:09.64 | |
| 7 | DANISZEWSKA Aleksandra | 26.11.2004 | BKS Wataha Warszawa | MZ | 1:10.80 | |
| Bieg 4/ 4 | | | | 17:09 | | |
| 1 | NOWAKOWSKA Marcelina | 20.07.2002 | AKL Ursynów Warszawa | MZ | 59.20 | |
| 2 | MICHALAK Olga | 09.09.2005 | AZS-AWF Warszawa | MZ | 1:03.60 | |
| 3 | GAWŁAS Anna | 17.04.2006 | KS Czempion Warszawa | MZ | 1:03.73 | |
| 4 | JASTRZĘBSKA Weronika | 10.09.2006 | KS Czempion Warszawa | MZ | 1:06.90 | |
| 5 | WILCZYŃSKA Julia | 26.04.2004 | MKS Pułtusk | MZ | 1:07.65 | |
| 6 | KOŹLAK Maria | 28.06.2004 | UKS Herkules Sulejówek | MZ | 1:12.26 | |
| 800 metrów kobiet | | | | | | |
| Bieg 1/ 3 | | | | 17:27 | | |
| 1 | DUBAN Aleksandra | 11.01.2005 | OKS Skra Warszawa | MZ | 2:18.01 | SB |
| 2 | MARCIŃCZYK Izabela | 18.01.2003 | UKS Siódemka Ostrołęka | MZ | 2:18.79 | PB |
| 3 | CATI Lidia | 16.03.2004 | UKS 48 Warszawa | MZ | 2:19.62 | PB |
| 4 | GRABOWSKA Wiktoria | 18.02.2005 | LŁKS Prefbet Śniadowo Łomża | PD | 2:20.00 | PB |
| 5 | KAROLCZUK Aleksandra | 28.09.2004 | LUKS Boguszyce | LD | 2:20.46 | |
| 6 | SOT Aleksandra | 05.04.2004 | UKS Olimp Kozienice | MZ | 2:22.92 | |
| 7 | CIEPAŁ Natasza | 12.06.2003 | MKS Polonia Warszawa | MZ | 2:28.44 | |
| 8 | PIOTROWSKA Zofia | 08.12.2005 | BKS Wataha Warszawa | MZ | 2:31.60 | |
| 9 | KARŁOWSKA Pola | 22.07.2006 | KS Czempion Warszawa | MZ | 2:44.00 | |
| | KANARKOWSKA Julia | 21.11.2006 | KS Zawkrze Mława | MZ | DNF | |
| Bieg 2/ 3 | | | | 17:33 | | |
| 1 | GALIŃSKA Eliza | 25.07.2006 | UKS Filipides Teresin | MZ | 2:22.25 | |
| 2 | WALCZAK Julia | 06.10.2006 | UKS Technik Radom | MZ | 2:23.61 | PB |
| 3 | KAROLAK Amelia | 25.06.2007 | UKS Technik Radom | MZ | 2:25.76 | PB |
| 4 | WASIELEWSKA Roksana | 10.05.2007 | OKS Skra Warszawa | MZ | 2:26.78 | |
| 5 | DIMITROW Maja | 02.12.2004 | KS Lemiesz Team Warszawa | MZ | 2:27.46 | PB |
| 6 | TWARDOWSKA Lena | 08.01.2007 | UKS Melo Błonie | MZ | 2:41.02 | |
| 7 | WIERZBIČKA Karolina | 13.07.2007 | UKS Technik Radom | MZ | 2:44.49 | |
| 8 | DESKA Antonina | 09.08.2007 | KS Czempion Warszawa | MZ | 2:44.58 | PB |
| 9 | JASTRZĘBSKA Sylwia | 09.03.2007 | WLKS Nowe Iganie | MZ | 2:55.01 | |
| Bieg 3/ 3 | | | | 17:38 | | |
| 1 | SZYMANOWSKA Maria | 15.02.2006 | UKS Herkules Sulejówek | MZ | 2:26.61 | |
| 2 | REKAWIECKA Roksana | 09.05.2006 | PTT Delta Płock | MZ | 2:26.72 | |
| 3 | PIĄTKOWSKA Oliwia | 07.06.2006 | AZS-AWF Warszawa | MZ | 2:28.29 | |
| 4 | RYCHLEWSKA Emilia | 16.04.2003 | PTT Delta Płock | MZ | 2:29.83 | |
| 5 | CUDNA Magdalena | 21.04.2003 | AZS-AWF Warszawa | MZ | 2:37.22 | |
| 6 | KOMOROWSKA Helena | 28.08.2007 | OKS Skra Warszawa | MZ | 2:43.75 | |
| 7 | ZAJĄC Aleksandra | 10.07.2007 | OKS Skra Warszawa | MZ | 2:43.77 | |
| 8 | LARA Polter | 20.02.2007 | LA dla dzieci i młodzieży Kamil | MZ | 2:53.71 | |
| | GOSIEWSKA Amelia | 12.11.2006 | MKS Pułtusk | MZ | DNF | |
| 1500 metrów kobiet | | | | | | |
| Bieg 1/ 1 | | | | 18:36 | | |
| 1 | WRÓBEL Wiktoria | 26.08.2004 | WLKS Nowe Iganie | MZ | 4:43.41 | |
| 2 | STASIUK Wiktoria | 28.03.2003 | MKS Pogoń Siedlce | MZ | 5:28.00 | |
| 3 | SZKLARSKA Karolina | 30.01.2004 | UKS Filipides Teresin | MZ | 5:31.12 | |
| 4 | MAJKOWSKA Monika | 19.01.2005 | LKS Maków Mazowiecki | MZ | 5:39.15 | |
| 5 | BRUDNY Regina | 22.12.2007 | UKS G-8 Bielany Warszawa | MZ | 5:42.65 | |
| 6 | PRACHNIAK Oliwia | 29.11.2004 | UKS Clan Ostrołęka | MZ | 5:43.32 | |
| 7 | SZCZERBIŃSKA Hanna | 25.11.2005 | AKL Ursynów Warszawa | MZ | 5:45.20 | |
| 8 | SADŁOWSKA Maja | 02.10.2003 | AZS-AWF Warszawa | MZ | 5:56.20 | |

2000 m przeszkody kobiet

| | | | | | |
|-----------|----------------------|------------|---------------------|-------|---------|
| Bieg 1/ 1 | | | | 19:07 | |
| 1 | WOSZCZEK Danuta | 20.02.1978 | UKS Olimp Kozienice | MZ | 7:14.93 |
| 2 | FAŁDROWICZ Dorota | 12.07.2003 | RLTL Optima Radom | MZ | 7:37.23 |
| 3 | DZWONKOWSKA Karolina | 21.03.2003 | KS Prefbet-Sonarol | PD | 7:39.41 |

3000 metrów kobiet

| | | | | | |
|-----------|----------------------|------------|--------------------|-------|----------|
| Bieg 1/ 1 | | | | 18:49 | |
| 1 | BORKOWSKA Aleksandra | 30.05.2005 | GKS Wilga Garwolin | MZ | 11:33.77 |
| 2 | AUGUSTOWSKA Natalia | 07.06.2003 | PTT Delta Płock | MZ | 11:54.16 |

100 m pł K U18 (76,2)

| | | | | | |
|-----------|----------------|------------|-------------------|-------|-------|
| Bieg 1/ 1 | | -0.4 | | 18:24 | |
| 1 | ZEGAN Julia | 25.01.2005 | OKS Skra Warszawa | MZ | 13.90 |
| 2 | BROŻYNA Nikola | 27.12.2005 | RLTL Optima Radom | MZ | 15.09 |

100 m ppł kobiet

| | | | | | | |
|-----------|-----------------|------------|---------------------|-------|-------|----|
| Bieg 1/ 1 | | -0.4 | | 18:16 | | |
| 1 | GOLCZEWSKA Anna | 26.10.1997 | AZS-AWF Warszawa | MZ | 14.09 | SB |
| 2 | WOJCIESZEK Anna | 16.03.1991 | AZS-AWF Warszawa | MZ | 14.32 | |
| | ŻUROWSKA Julia | 18.03.2001 | AZS-AWF Warszawa | MZ | DNF | |
| | BANY Daria | 12.02.2002 | UKS Gepard Warszawa | MZ | DNF | |

400 m pł kobiet

| | | | | | |
|-----------|----------------------|------------|--------------------------|-------|---------|
| Bieg 1/ 1 | | | | 15:02 | |
| 1 | SUCHENEK Aleksandra | 17.12.2005 | OKS Skra Warszawa | MZ | 1:04.19 |
| 2 | SZYMCZYK Kornelia | 08.08.2004 | OKLA Ostrołęka | MZ | 1:05.80 |
| 3 | BORKOWSKA Wiktoria | 19.04.2004 | PTT Delta Płock | MZ | 1:08.49 |
| 4 | GWIAZDECKA Wiktoria | 03.04.2006 | WLKS Nowe Iganie | MZ | 1:09.47 |
| 5 | KWIATKOWSKA Dominika | 10.11.2005 | UKS Sprint 2020 Warszawa | MZ | 1:13.01 |
| | BRAUZE Antonina | 28.06.2005 | UKS Sprint 2020 Warszawa | MZ | DNF |

Pchnięcie kulą kobiet (4kg)

| | | | | | | |
|-------|-------------------|------------|----------------------|-------|-------|----|
| FINAL | | | | 18:00 | | |
| 1 | MAŚLANA Zuzanna | 01.05.2004 | MLKL Płock | MZ | 14.71 | |
| 2 | TRZONKOWSKA Beata | 02.05.1995 | KS Prefbet-Sonarol | PD | 13.80 | SB |
| 3 | PRZYBYSZ Patrycja | 05.05.2003 | OKLA Ostrołęka | MZ | 12.34 | PB |
| 4 | SZYGOSKA Joanna | 17.12.1997 | MLKL Płock | MZ | 11.36 | SB |
| 5 | GRANOWSKA Pola | 29.09.2003 | KS Warszawianka W-wa | MZ | 8.73 | PB |

| | I | II | III | IV | V | VI |
|-------------------|-------|-------|-------|-------|-------|-------|
| MAŚLANA Zuzanna | 14.45 | 14.50 | 14.67 | 14.71 | 14.05 | 13.86 |
| TRZONKOWSKA Beata | 13.11 | 13.80 | x | 13.39 | 13.69 | 13.59 |
| PRZYBYSZ Patrycja | 11.24 | 11.90 | 12.34 | 11.46 | 12.23 | x |
| SZYGOSKA Joanna | 11.12 | 10.87 | 10.98 | 11.02 | 11.36 | 11.00 |
| GRANOWSKA Pola | 8.33 | 8.55 | 8.73 | 8.71 | 8.25 | 8.50 |

Pchnięcie kulą K U18 (3kg)

| | | | | | | |
|-------|----------------------|------------|---------------------|-------|-------|----|
| FINAL | | | | 16:50 | | |
| 1 | KWIATKOWSKA Kornelia | 19.08.2004 | MLKL Płock | MZ | 11.55 | PB |
| 2 | PRZYBYSZ Maja | 14.03.2005 | GKS Wilga Garwolin | MZ | 11.09 | PB |
| 3 | KUSIŃSKA Natalia | 08.07.2005 | MLKL Płock | MZ | 10.61 | PB |
| 4 | BIELAWSKA Paula | 03.03.2004 | MKS Syrena Warszawa | MZ | 9.08 | PB |
| 5 | JABŁOŃSKA Agata | 11.05.2005 | MLKL Płock | MZ | 8.37 | PB |

Pchnięcie kulą kobiet SP (2kg)

| | | | | | | |
|-----------------------|-----------------------|------------|---------------------|-------|-------|-------|
| FINAL | | | | 15:25 | | |
| 1 | CIESZEWSKA Aleksandra | 09.06.2008 | MKS Bank BS Płoński | MZ | 13.02 | |
| CIESZEWSKA Aleksandra | x | 13.02 | 12.80 | 11.78 | 11.52 | 12.00 |

Rzut oszczepem K U18 (500)

| | | | | | | |
|-------|------------------|------------|-----------------------|-------|-------|----|
| FINAL | | | | 18:40 | | |
| 1 | STAŃCZYK Julia | 14.08.2005 | RLTL Optima Radom | MZ | 35.23 | PB |
| 2 | PRZYBYSZ Maja | 14.03.2005 | GKS Wilga Garwolin | MZ | 33.52 | |
| 3 | ANDRYSZCZYK Inga | 11.02.2004 | UKS Filipides Teresin | MZ | 31.12 | |
| 4 | BIELAWSKA Paula | 03.03.2004 | MKS Syrena Warszawa | MZ | 29.90 | |
| 5 | BIELECKA Maja | 20.12.2007 | RLTL Optima Radom | MZ | 26.58 | |
| 6 | JABŁOŃSKA Agata | 11.05.2005 | MLKL Płock | MZ | 21.52 | |

Rzut oszczepem K U20 (600)

| FINAŁ | | 18:42 | | | |
|-------|---------------------|---|----|-------|----|
| 1 | PRYGIEL Martyna | 05.02.2003 RLTL Optima Radom | MZ | 39.45 | |
| 2 | ŻUCHOWSKA Natalia | 26.04.2003 RLTL Optima Radom | MZ | 34.51 | |
| 3 | KRAWCZYK Aleksandra | 28.04.2003 KS Warszawianka W-wa | MZ | 28.42 | |
| 4 | WOŹNICA Daria | 06.06.2002 MLKL Płock | MZ | 27.67 | |
| 5 | KOŚCIANEK Daria | 28.03.2003 AZS-AWF Warszawa | MZ | 25.24 | PB |
| 6 | RAŹCZKA Julia | 21.06.2002 UKS Gepard Warszawa | MZ | 22.92 | PB |
| 7 | BURLEWICZ Barbara | 09.01.2003 AZS-AWF Warszawa | MZ | 18.74 | |
| 8 | SEKOWSKA Katarzyna | 27.03.1982 KS Lider Grodzisk Mazowiecki | MZ | 18.62 | |
| 9 | GOS Patrycja | 20.03.2000 RLTL Optima Radom | MZ | 17.49 | |

Rzut dyskiem kobiet (1kg)

| FINAŁ | | 16:30 | | | |
|-------|--------------------|---|----|-------|----|
| 1 | TRZONKOWSKA Beata | 02.05.1995 KS Prefbet-Sonarol | PD | 50.04 | PB |
| 2 | MROCZKOWSKA Julia | 20.02.2002 OKLA Ostrołęka | MZ | 38.50 | PB |
| 3 | SZYGOSKA Joanna | 17.12.1997 MLKL Płock | MZ | 30.36 | |
| 4 | SEKOWSKA Katarzyna | 27.03.1982 KS Lider Grodzisk Mazowiecki | MZ | 19.22 | PB |

Rzut dyskiem K U18 (1kg)

| FINAŁ | | 16:30 | | | |
|-------|-----------------------|-------------------------------|----|-------|------|
| 1 | MAŚLANA Zuzanna | 01.05.2004 MLKL Płock | MZ | 34.64 | |
| 1 | CIESZEWSKA Aleksandra | 09.06.2008 MKS Bank BS Płońsk | MZ | 33.22 | 0.75 |
| 2 | KWIATKOWSKA Kornelia | 19.08.2004 MLKL Płock | MZ | 26.94 | |
| 3 | KUSIŃSKA Natalia | 08.07.2005 MLKL Płock | MZ | 25.70 | PB |

Skok wzwyż kobiet

| FINAŁ | | 18:25 | | | |
|-------|---------------------|---|----|------|-----|
| 1 | RYDZ Aneta | 30.03.1994 RLTL Optima Radom | MZ | 1.78 | SB |
| 2 | SZCZUKO Urszula | 03.02.2001 STS Pomerania Szczecin | ZP | 1.70 | |
| 3 | BUCZEK Kinga | 09.01.2003 UKS LA Basket Warszawa | MZ | 1.65 | =PB |
| 4 | WYSOCKA Alicja | 05.03.2003 KS Orzeł Warszawa | MZ | 1.65 | |
| 5 | FLISIŃSKA Natalia | 10.02.2004 RLTL Optima Radom | MZ | 1.60 | SB |
| 6 | ŁAPSZYS Dominika | 11.11.2004 KS Prefbet-Sonarol | PD | 1.50 | |
| 7 | GRABOWSKA Urszula | 16.07.2004 UKS Sprint 2020 Warszawa | MZ | 1.50 | SB |
| 8 | LODKOWSKA Amelia | 20.09.2005 UKS Sprint 2020 Warszawa | MZ | 1.50 | =SB |
| 9 | GOS Patrycja | 20.03.2000 RLTL Optima Radom | MZ | 1.45 | SB |
| 10 | KUCHTA Urszula | 30.10.2005 KS Orzeł Warszawa | MZ | 1.40 | |
| 11 | DYMIŃSKA Zuzanna | 21.02.2006 UKS Melo Błonie | MZ | 1.40 | PB |
| 11 | WITKOWSKA Maria | 17.08.2003 KS Czempion Warszawa | MZ | 1.40 | PB |
| 13 | SKORUPA Natalia | 30.03.2006 KS Lider Grodzisk Mazowiecki | MZ | 1.35 | |
| 14 | PODLASIEWSKA Joanna | 11.09.2007 MKS Pułtusk | MZ | 1.35 | =PB |
| 15 | SKRZYDLAK Nela | 14.09.2007 MKS Pułtusk | MZ | 1.30 | =PB |
| 16 | CZECH Nelly | 04.09.2007 MKS Pułtusk | MZ | 1.25 | |
| 17 | GAŚIEWSKA Julia | 22.09.2006 MKS Pułtusk | MZ | 1.20 | |

Skok o tyczce kobiet

| FINAŁ | | 17:20 | | | |
|-------|--------------------|-----------------------------|----|------|-----|
| 1 | CHAMOT Maja | 16.10.2003 MKS Ustroń | SL | 3.80 | |
| 2 | SMOLARCZYK Julia | 13.07.2005 AZS-AWF Warszawa | MZ | 3.20 | PB |
| 2 | PAWLAK Aleksandra | 22.06.2004 AZS-AWF Warszawa | MZ | 3.20 | SB |
| 4 | KISLING Aleksandra | 26.05.2004 AZS-AWF Warszawa | MZ | 2.80 | |
| 5 | MC MAHON Oliwia | 02.08.2003 AZS-AWF Warszawa | MZ | 2.80 | |
| 6 | KOPEĆ Oliwia | 29.03.2006 AZS-AWF Warszawa | MZ | 2.60 | =PB |
| | GÓRNY Kinga | 01.01.2002 MKS Ustroń | SL | NM | |
| | KAWKA Julia | 15.09.2006 AZS-AWF Warszawa | MZ | NM | |
| | ŚLIWKA Maria | 11.06.2005 AZS-AWF Warszawa | MZ | NM | |

Skok w dal K U18

| FINAŁ | | 16:00 | | | | | |
|--------------------|--------------------|-------------------------------|------|------|------|------|----|
| 1 | ADAMCZYK Julia | 28.07.2005 RLTL Optima Radom | MZ | 5.85 | 2.2 | | |
| 2 | BURLEWICZ Antonina | 25.01.2005 OKS Skra Warszawa | MZ | 4.61 | -1.2 | | |
| 3 | MAŁEK Karolina | 28.02.2005 MKS Bank BS Płońsk | MZ | 4.47 | 0.3 | | |
| | | I | II | III | IV | V | VI |
| ADAMCZYK Julia | x | 5.85 | 5.56 | 5.70 | x | 5.73 | |
| | 4.3 | 2.2 | 1.6 | 2.8 | -0.4 | 0.2 | |
| BURLEWICZ Antonina | 4.26 | 4.58 | 4.08 | 4.39 | 4.30 | 4.61 | |
| | 0.2 | 1.2 | 2.3 | 3.4 | -0.1 | -1.2 | |
| MAŁEK Karolina | x | x | 4.47 | x | x | 4.19 | |
| | 0.2 | 1.5 | 0.3 | 1.9 | -0.1 | -0.6 | |

Skok w dal kobiet

| FINAŁ | | 16:00 | | | |
|-------|----------------------|-----------------------------------|----|------|---------|
| 1 | JUŚKIEWICZ Agnieszka | 27.03.2000 UKS LA Basket Warszawa | MZ | 5.21 | -0.7 |
| 2 | GRANOWSKA Pola | 29.09.2003 KS Warszawianka W-wa | MZ | 5.13 | -0.2 |
| 3 | BURLEWICZ Barbara | 09.01.2003 AZS-AWF Warszawa | MZ | 5.08 | 0.9 |
| 4 | DZIADAK Nikolina | 04.08.2003 UKS Siódemka Ostrołęka | MZ | 5.04 | PB 0.9 |
| 5 | KOŚCIANEK Daria | 28.03.2003 AZS-AWF Warszawa | MZ | 4.88 | SB -0.3 |
| 6 | WITKOWSKA Maria | 17.08.2003 KS Czempion Warszawa | MZ | 4.87 | PB -1.0 |

Trójskok kobiet

| | | | | | | | | |
|-------|----------------------|------------|--------------------|----|-------|----|------|--|
| FINAŁ | | | | | 17:40 | | | |
| 1 | KUCIEWICZ Amelia | 15.03.2005 | RLTL Optima Radom | MZ | 10.39 | PB | -0.2 | |
| 2 | ZDUNOWSKA Marta | 26.03.2003 | MKS Bank BS Płońsk | MZ | 10.15 | SB | 1.1 | |
| 3 | JAROSZEWICZ Dominika | 16.11.2003 | MKS Bank BS Płońsk | MZ | 9.45 | | 0.7 | |

Pchnięcie kulą K U15 (3kg)

| | | | | | | | | |
|-------|------------------|------------|------------------------|----|-------|--|--|--|
| FINAŁ | | | | | 15:25 | | | |
| 1 | BIELECKA Maja | 20.12.2007 | RLTL Optima Radom | MZ | 9.57 | | | |
| 2 | KAROL Blanka | 03.11.2007 | KS Zawkrze Mława | MZ | 7.88 | | | |
| 3 | ŁUKOWSKA Zuzanna | 21.10.2007 | Ducla Academy Warszawa | MZ | 5.96 | | | |
| 4 | NOGA Olena | 08.02.2007 | Ducla Academy Warszawa | MZ | 5.84 | | | |

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|------------------|------|------|------|------|------|------|--|
| BIELECKA Maja | 9.35 | 9.10 | x | 9.07 | 9.23 | 9.57 | |
| KAROL Blanka | 6.69 | 6.74 | 7.88 | 7.34 | 6.94 | 7.27 | |
| ŁUKOWSKA Zuzanna | x | 4.60 | 5.68 | 5.96 | 5.83 | 5.88 | |
| NOGA Olena | 5.84 | 5.27 | 5.24 | 5.79 | 5.49 | 5.01 | |